



The Student Environment Centre

Student Resource Group
University of British Columbia

6138 Student Union Blvd. Box 39, or Room 245
Vancouver, BC, V6T 1Z1
enviro@ams.ubc.ca

Eco-Initiatives Form: Above \$500

Name:
Date: 23 February 2015
Contact Email or Phone:
Club or Group Affiliation: UBC Sustainability Ambassadors
Amount Requested: \$1000
TREASURER USE ONLY:
Approved Modified Denied
Submitted as of:
Notes:

1. Describe your project and its purpose (approximately 200 words)?

Eating Sustainably is a hot lunch program for UBC undergraduate students to enjoy and share locally grown, fair trade and organic produce from various caterers across Vancouver. Studies have shown that there is a strong correlation between stress and nutrition – someone with a healthy and balanced diet is less likely to be stressed than someone with a poor diet. Therefore the main purpose of this event is to provide a healthy and nutritious vegan lunch that promotes the idea of well being and eating for sustainability. Additionally, on behalf of UBC Sustainability, all funds raised from this event will be donated to a food charity organization called, Quest

Food Exchange – the largest non-profit organization that offer affordable and healthy food choices for those facing barriers to this basic necessities.

Our aim is to target 80-100 students in four of the largest UBC faculties: Sauder School of Business (Commerce), Science, Engineering and Arts. Since this event is geared towards students to have a better understanding about nutritious, healthy and sustainable diet that benefits their health, we will incorporate interactive games or activities that focus on such foods.

2. Outline how your project pertains to the environment and sustainability at UBC (approximately 200 words)?

The Eating Sustainability event will showcase, educate and encourage students to support local food products that tie in the idea of sustainability. We are going to have a hot- lunch catering service provided by the finest UBC catering services (Westcadia, AMS Food Services, Agora and Sprouts) and other food products from a wide range of local food sponsors. All of the products that will be showcased in this event will have ingredients that are grown or raised in an ecologically and ethically responsible manner using practices that protects the environment, safeguards human health, ensures humane treatment of farm animals and provides fair treatment to workers. Additionally, there are going to be several activities such as a zero waste activity that will further engage students to share their own understanding about food and sustainability.

One major goal of this project is to help the UBC community to understand the importance of making sustainable food choices and reducing food waste. Therefore, in order to achieve this the Sustainability Ambassadors teams have collaborated with many cross-campus food services, UBC Undergraduate Societies, faculties and student clubs. We are also going to print a very limited number of paper advertisements (posters and brochures) and focuses more on the usage of the media. Students can also support this event by bringing their own cutleries, lunch boxes and coffee mugs.

3. How will you document the successes and difficulties of your project? In what ways do you foresee this documentation aiding other SEC Eco-Initiatives (approximately 200 words)?

At the end of the event, we will have a meeting with all of the volunteers and written report that outlines all the details of the event including a timeline, challenges, budget, future prospects, etc. Our review of this event will hopefully aid other groups relating to food and sustainability, to have a better understanding of the knowledge of how students incorporate food and sustainability into their daily lives as well as their level of interest. With the challenges faced from the Eating Sustainability event, other groups may also learn on how they will best prevent these similar difficulties from happening on their future event. Additionally, these groups may also involve our food sponsors for their individual future event purposes.

4. For most requests of funding of this amount, the SEC would like to see other funding sources contributing to the financing of your project. Are you pursuing any other sources of funding? If so, what sources, and for what amount? (SEC Treasurers can help you identify other sources of funding.)

We will be pursuing funding from the AMS Sustainability Fund in the amount of \$4900.

5. What aspects of your project (purchases, bookings) will SEC funding be used for?

SEC will be funding for the hot-lunch catering services, the bio-based, compostable cutleries and a roll up banner the Eating Sustainability event.

Signed (Your Name):

SEC Treasurer

Name:

Signature:

SEC Chair

Name:

Signature:

A note about Eco-Initiatives Grants

If your project is approved, the SEC will reimburse you for the purchases made. You must provide the SEC with proof-of-purchase. If you have any questions regarding the Eco-Initiatives Funding, please contact SEC Treasurers. Arrangements can be made to provide students with funding before purchasing if they cannot afford to make the purchase for their project and then receive compensation. Reimbursement usually takes about 5 business days. Eco-Initiatives Grants can fund a wide variety of projects; any projects related to the environment or sustainability, and involving members of the UBC student body, will be considered. However, requests for funding for projects undertaken as part of coursework at UBC, or individual volunteer projects, must illustrate a connection to the wider student body at UBC.

Completed forms should be emailed to enviro@ams.ubc.ca. Alternatively, we welcome you to drop your form off at our office, Room 245B of UBC's Student Union Building. The Treasurers and other active members of the SEC would love to help you formulate your project, and will be glad to assist with the project's development and applications for funding.
